	Policy #:5.8
University Health™	
SUBJECT: Holding Patients and Equipment	Effective: 10/03
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APPROVED BY: Radiology Director	Page 1 of 1

## **Holding Patients or Equipment**

## Purpose:

To identify who should hold the patient or equipment during radiation exposure when mechanical devices cannot be used.

## Policy:

- 1. Louisiana Law protects Radiologic Technologists from holding patients and equipment during radiation exposure.
- 2. Patients or equipment should be held only after positioning devices are deemed inadequate.
- 3. Individuals holding patients or equipment for procedures should be provided with adequate shielding.
- 4. Individuals holding patients or equipment for procedures should be positioned so that no part of their body is exposed to the primary radiation beam.
- 5. To assist in reducing exposure the Technologist shall restrict the beam with close collimation to the area of interest.
- 6. Pregnant women or women trying to become pregnant should not hold.
- 7. Persons under the age of 18 years of age should not hold.
- 8. The following should be recognized as who should hold first:
  - a. Family members
  - b. Friends
  - c. Nursing assistants
  - d. Nurses
  - e. Doctors