

	Policy #: Rad Policy 14.5.3
SUBJECT: Outpatient Sedation	Effective: 10/1/2018 Revised: 2/2019
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PURPOSE: To describe the process by which outpatients presenting to the department with sedation will be managed. Patients often experience claustrophobia during an MR procedure. Physicians may opt to prescribe the patient a relaxation agent to assist them undergoing the procedure. Patients receiving a single anxiolytic agent in appropriate doses do not require monitoring.¹ Minimal sedation or anxiolytics is defined by The Joint Commission (TJC) and the American Society of Anesthesiologists (ASA) as a drug induced state during which the patient responds normally to verbal commands.² The ASA states that although cognitive function and coordination may be impaired, ventilator and cardiovascular functions are unaffected.¹

POLICY:

- Physician writes an order for sedation.
- Pt fills the prescription prior to coming to appointment.
- Pt notifies the office personnel that he/she has sedation to take.
- MR technologist will be notified by office personnel that patient has sedation to take.
- MR technologist documents medication, dose that was prescribed by the physician.
- MR technologist verifies that patient has someone present to drive them home after the procedure.
- MR technologist ensures that patient is safely released from the department.
- MR technologist documents the safe release of the patient from the department.

References:

1. Practice guidelines for sedation and analgesia by non-anesthesiologists. *Anesthesiology*. 2002; 96(4): 1004-1017
2. ACR-SIR practice parameter for sedation/analgesia. *American College of Radiology*, p1-10.
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