

INSTRUCTIONS FOR NUCLEAR MEDICINE STRESS TESTS

1. Do not eat or drink anything after midnight the night before the test. Avoid products containing caffeine twenty-four hours before your test.
2. Do not take your medicine the morning of the test. Bring all the medications you are currently taking with you. The doctor will determine if you need to take them before the test or after the test.
3. Wear comfortable shoes if you are scheduled to walk on the treadmill. It is best to wear a two piece outfit for easier placement of heart monitoring equipment.
4. Please register in Emergency Room Registration on the first floor of the Hospital Building.
5. Plan on being here for at least three hours. This is a lengthy test.
6. If your weight exceeds 400 pounds, please notify us upon receiving this notice.
7. If you find that you can not keep your appointment, please call 675-6243, and let us know as soon as possible. We will reschedule your appointment, and possibly could give your scheduled time to another patient.
8. Patients that arrive more than one hour after their appointment time will be rescheduled.